

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Oct 1, 2025 thru Oct 31, 2025

PRE-K LUNCH

Generated on: 10/1/2025 10:08:14 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Wed - 10/01/2025													
PRE-K LUNCH	Total	720											
Grinder, Deli Turkey & Cheese	1 EACH	720	435	75	1133	4.00	3.31	237.2	171	0.0	*0	36.6	46.23
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	720	63	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5
GRAPES, Fresh	Serv.(1/2 Cu	720	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02
CATSUP	1 oz	720	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34
MUSTARD'25 PK 1oz	1. oz	720	18	0	331	1.20	0.48	18.9	33	0.09	0	1.12	1.75
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			805	97	2185	10.87	5.44	665.1	995	8.30	*38	52.05	100.94
% of Calories											*18.8%	25.9%	50.2%
Nutrient Guideline			550-650		1230								

Thu - 10/02/2025													
PRE-K LUNCH	Total	720											
Chicken Tenders, WG 2017	Serving	720	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0
JICAMA STICKS PS	Serving	1500	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0
FRUIT MIX, Extra Light Syrup PS	serving	1500	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			413	49	538	6.17	2.37	370.0	798	100.75	31	24.00	52.00
% of Calories											29.7%	23.2%	50.3%
Nutrient Guideline			550-650		1230								

Fri - 10/03/2025													
PRE-K LUNCH	Total	1000											
Macaroni & Cheese	serving (1/2	1300	250	55	856	0.48	0.68	571.2	613	0.43	3	11.94	12.55
TOMATOES, GRAPE-PZ	1/4 Cup	1000	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45
Pears, In Extra Light Syrup PS	serving	1500	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0
DRESSING, RANCH 1oz. '23	Servings (1o	1300	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	1300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			623	99	1495	2.61	1.01	1226.0	1804	6.78	33	28.26	50.72
% of Calories											21.4%	18.2%	32.6%
Nutrient Guideline			550-650		1230								

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

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	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Mon - 10/06/2025													
PRE-K LUNCH	Total	1000											
FISH STICKS, POLLOCK -2013	SERV.(4 sti cks)	1000	210	55	290	3.00	1.44	60.0	0	0.0	0	18.0	23.0
CARROT, Sticks '24	1/2 Cup	1000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84
APPLES,Fresh	1 EACH	1800	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34
DRESSING, RANCH 1oz. '23	Servings (1o	1	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			518	70	752	10.67	1.92	445.1	10992	17.03	49	28.21	85.49
% of Calories											38.2%	21.8%	66.1%
Nutrient Guideline			550-650		1230								

Tue - 10/07/2025													
PRE-K LUNCH	Total	720											
Popcorn Chicken-Wh.Grain 2021	Serving	720	207	47	400	2.00	0.36	160.0	112	1.0	1	14.0	13.0
SALAD 3/WAY	1/4 CUP	720	5	0	3	0.27	0.01	0.3	33	0.99	*0	0.27	1.07
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07
CATSUP	1 oz	720	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			525	69	961	4.92	0.65	534.4	878	12.94	*35	24.92	61.60
% of Calories											*26.5%	19.0%	47.0%
Nutrient Guideline			550-650		1230								

Wed - 10/08/2025													
PRE-K LUNCH	Total	720											
BBQ Ch-Burger w/WG Bun-'24EL	1 EACH	720	336	46	878	4.07	3.50	147.3	232	2.1	*7	20.22	39.11
BARBECUE BEANS -2018 PS	Servings	720	97	0	391	3.38	1.03	31.7	153	0.75	*5	4.02	22.75
GRAPES,Fresh	Serv.(1/2 Cu	720	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0

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PRE-K LUNCH

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average			689	67	1561	8.37	4.84	561.9	986	6.99	*43	34.42	94.99
% of Calories											*24.8%	20.0%	55.2%
Nutrient Guideline			550-650		1230								

Thu - 10/09/2025													
PRE-K LUNCH	Total	720											
Burrito, Grande, turkey	1 each	720	828	73	1478	9.04	*6.61	*543.3	1440	*4.59	*4	38.09	99.57
Blueberries, Frozen	Serv(1/2 Cu	720	40	0	1	2.09	0.14	6.2	36	1.94	7	0.33	9.43
JICAMA STICKS PS	Serving	720	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			1000	88	1629	12.63	*6.93	*899.5	1978	*12.53	*25	47.42	126.00
% of Calories											*10.1%	19.0%	50.4%
Nutrient Guideline			550-650		1230								

Fri - 10/10/2025													
PRE-K LUNCH	Total	1000											
NACHO, DELX W/ CHILIBENS,PRESC	SERVING	1000	197	0	139	4.07	1.40	70.7	202	3.71	*1	5.02	29.09
TOMATOES, GRAPE-PZ	1/4 Cup	1000	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45
PINEAPPLE, IN JUICE	Serving	1000	54	0	1	1.18	0.25	14.5	45	8.51	13	0.46	14.08
DRESSING, RANCH 1oz. '23	Servings (1o	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			447	22	432	5.72	1.78	457.9	1059	17.48	*30	15.36	60.74
% of Calories											*26.7%	13.7%	54.3%
Nutrient Guideline			550-650		1230								

Mon - 10/13/2025													
PRE-K LUNCH	Total	1											
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00
% of Calories											0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230								

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PRE-K LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Tue - 10/14/2025													
PRE-K LUNCH	Total	720											
Penne,Primavera,GF BF MBall'25	1 Cup	720	468	66	1035	10.65	4.16	251.0	*502	*6.68	*5	23.57	45.81
CARROT, Sticks '24	1/2 Cup	720	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			647	81	1227	14.36	4.52	631.1	*11243	*133.88	*28	33.14	73.65
% of Calories											*17.5%	20.5%	45.5%
Nutrient Guideline			550-650		1230								

Wed - 10/15/2025													
PRE-K LUNCH	Total	720											
Chicken, Shawarma '25	Servings	720	170	*65	98	0.09	0.90	12.9	96	0.7	*0	20.94	0.39
JICAMA STICKS PS	Serving	720	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0
GRAPES,Fresh	Serv.(1/2 Cu	720	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average			369	*80	250	2.48	1.37	376.8	698	10.67	*31	30.56	34.41
% of Calories											*33.3%	33.2%	37.3%
Nutrient Guideline			550-650		1230								

Thu - 10/16/2025													
PRE-K LUNCH	Total	1											
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00
% of Calories											0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230								

Fri - 10/17/2025													
PRE-K LUNCH	Total	1											
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0

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PRE-K LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00
Nutrient Guideline			550-650		1230						0.0%	0.0%	0.0%

Mon - 10/20/2025													
PRE-K LUNCH	Total	1000											
TACO Walkin, Beef, - '22	1.5oz	1000	387	33	697	4.42	2.32	81.4	807	6.24	*3	13.98	30.5
TOMATOES, GRAPE-PZ	1/4 Cup	1000	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	1000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0
DRESSING, RANCH 1oz. '23	Servings (1o	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK, 1% DW 2024	EACH(1/2 p int)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			617	55	989	6.90	2.62	464.2	1669	135.11	*24 *15.8%	23.86 15.5%	56.07 36.3%
Nutrient Guideline			550-650		1230								

Tue - 10/21/2025													
PRE-K LUNCH	Total	720											
Chicken, Orange EL	3.6 OZ	720	150	40	300	0.00	0.72	10.0	0	0.0	11	11.0	20.0
Noodles, Chow Mein '23 OG	1/2 Cup	720	116	0	901	2.61	1.07	27.3	1430	7.02	*2	4.05	19.62
BROCCOLI, Raw: Fresh 0.25'C PK'25	Serving 1/4 cup	720	7	0	7	0.57	0.16	10.3	137	19.62	0	0.62	1.46
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK, 1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			552	62	1500	5.83	2.24	421.7	2133	35.59	*41 *29.4%	26.32 19.1%	80.27 58.1%
Nutrient Guideline			550-650		1230								

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Wed - 10/22/2025													
PRE-K LUNCH	Total	720											
ENCHILADA,BEEF,PRESCHOOL	1 SERVING	720	184	37	307	1.08	0.90	168.1	372	1.18	*1	10.77	11.33
SALAD 3/WAY	1/4 CUP	720	5	0	3	0.27	0.01	0.3	33	0.99	*0	0.27	1.07
GRAPES,Fresh	Serv.(1/2 Cu	720	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			445	59	602	2.27	1.21	551.4	1005	6.30	*32 *28.4%	21.21 19.1%	45.53 40.9%
Nutrient Guideline			550-650		1230								

Thu - 10/23/2025													
PRE-K LUNCH	Total	720											
Pizza, Chz Wedge Sicilian '24	1 EACH	720	334	30	636	1.50	1.58	436.7	462	8.74	*N/A*	17.75	26.26
JICAMA STICKS PS	Serving	720	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0
STRAWBERRIES: frozen unswtnd.	Serv(1/2 Cu	720	39	0	2	2.32	0.83	17.7	50	45.53	5	0.48	10.09
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			574	52	929	5.35	2.61	823.4	1016	60.43	*20 *14.1%	27.78 19.3%	55.47 38.6%
Nutrient Guideline			550-650		1230								

Fri - 10/24/2025													
PRE-K LUNCH	Total	1000											
QUESADILLA,CHEESE, '25	1 EACH	1000	377	47	601	1.00	2.26	524.0	431	0.0	*0	17.75	31.75
BEANS, PINTO SEASONED-PS 2018	1/4 CUP	1000	42	0	108	1.85	0.66	17.3	73	1.56	*0	2.53	7.61
Pears, In Extra Light Syrup PS	serving	1000	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0
MILK,1% DW 2024	EACH(1/2 p int)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			569	62	862	3.85	2.92	891.3	1034	2.16	*20 *14.3%	29.28 20.6%	61.36 43.1%
Nutrient Guideline			550-650		1230								

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Mon - 10/27/2025													
PRE-K LUNCH	Total	720											
TERIYAKI BEEF DUNKERS	SERVING (4each)	720	159	39	382	0.60	1.60	14.0	49	0.0	9	13.6	11.7
RICE, ORIENTAL-BROWN RICE-2014	1/2 CUP	720	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92
BROCCOLI,Raw:Fresh0.25'C PK'25	Serv. 1/2 c	720	7	0	7	0.57	0.16	10.3	137	19.62	0	0.62	1.46
APPLES,Fresh sliced 2017 2oz	Veg												
DRESSING, RANCH 1oz. '23	pkg. (2oz)	720	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0
MILK,1% DW 2024	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
	EACH(1/2 p	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
	int)												
Weighted Daily Average			503	61	813	4.51	2.47	406.2	739	143.82	*30	27.01	60.19
% of Calories											*24.0%	21.5%	47.9%
Nutrient Guideline			550-650		1230								

Tue - 10/28/2025													
PRE-K LUNCH	Total	720											
CORN DOG, CHX '22	1 EACH	720	239	40	692	2.31	1.41	25.1	120	0.0	8	11.67	27.9
BEANS, BLACK SEASONED-PS 2018	1/4 CUP	720	63	0	162	4.75	1.34	26.0	24	2.08	*0	4.16	11.5
BANANAS	1 EACH	720	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07
CATSUP	1 oz	720	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34
MUSTARD'25 PK 1oz	1. oz	720	18	0	331	1.20	0.48	18.9	33	0.09	0	1.12	1.75
MILK,1% DW 2024	EACH(1/2 p	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
	int)												
Weighted Daily Average			563	55	1603	10.88	3.49	425.0	908	12.96	*41	27.05	86.55
% of Calories											*29.1%	19.2%	61.5%
Nutrient Guideline			550-650		1230								

Wed - 10/29/2025													
PRE-K LUNCH	Total	720											
Meatball Grinder, Beef '25	Serving(5 pi	720	651	148	1150	4.21	5.46	388.6	575	10.94	*10	48.22	49.44
	ece												
SALAD 3/WAY	1/4 CUP	720	5	0	3	0.27	0.01	0.3	33	0.99	*0	0.27	1.07
GRAPES,Fresh	Serv.(1/2 Cu	720	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02
DRESSING, RANCH 1oz. '23	Servings (1o	720	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
MILK,1% DW 2024	EACH(1/2 p	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
	int)												

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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Weighted Daily Average % of Calories			912	170	1445	5.40	5.78	771.8	1208	16.06	*41 *17.8%	58.66 25.7%	83.65 36.7%
Nutrient Guideline			550-650		1230								

Thu - 10/30/2025													
PRE-K LUNCH	Total	720											
Chicken Tenders, WG 2017	Serving	720	184	34	383	2.00	2.00	20.0	84	87.0	0	15.0	13.0
JICAMA STICKS PS	Serving	720	13	0	0	1.50	0.18	0.0	2	6.0	0	0.0	3.0
FRUIT MIX, Extra Light Syrup PS	serving	720	40	0	2	0.50	0.00	0.0	100	0.6	8	0.0	9.0
CATSUP	1 oz	720	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34
MILK,1% DW 2024	EACH(1/2 p int)	720	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			390	49	802	4.00	2.18	370.0	853	95.60	29 29.4%	24.00 24.6%	47.34 48.6%
Nutrient Guideline			550-650		1230								

Fri - 10/31/2025													
PRE-K LUNCH	Total	1000											
Chicken, Bat Nuggets '25	Serving (4 e	1000	180	30	590	3.00	1.80	20.0	0	0.0	1	13.0	16.0
TOMATOES, GRAPE-PZ	1/4 Cup	1000	7	0	2	0.45	0.10	3.7	310	5.1	1	0.33	1.45
Pears, In Extra Light Syrup PS	serving	1000	30	0	2	1.00	0.00	0.0	30	0.6	6	0.0	8.0
DRESSING, RANCH 1oz. '23	Servings (1o	1000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12
CATSUP	1 oz	1000	33	0	267	0.00	0.00	0.0	167	2.0	7	0.0	8.34
MILK,1% DW 2024	EACH(1/2 p int)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0
Weighted Daily Average % of Calories			439	52	1151	4.47	1.92	392.8	1008	7.87	29 26.8%	22.88 20.8%	49.91 45.5%
Nutrient Guideline			550-650		1230								

Weighted Average			580	*70	1086	6.61	*2.91	*584.3	*2150	*42.16	*32 *50.4%	30.32 20.9%	68.34 47.1%
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Rialto Unified School District

Oct 1, 2025 thru Oct 31, 2025

Base Menu Spreadsheet

PRE-K LUNCH

Portion Values - Detailed

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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)						
Calories	580		550 - 650	100%										
Cholesterol (mg)	70				Missing									
Sodium 1 (mg)	1086		1230	88%										
Sodium 1a (mg)	1086		1110	98%										
Fiber (g)	6.61													
Iron (mg)	2.91				Missing									
Calcium (mg)	584.3				Missing									
Vitamin A (IU)	2150				Missing									
Sugars (g)	32	22.41%			Missing									
Vitamin C (mg)	42.16				Missing									
Protein (g)	30.32	20.91%												
Carbohydrate (g)	68.34	47.14%												

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